



# FSUSD Student Wellness Policy

## Food on School Campus

B P 5 0 3 0

### Food and Beverages Served or Sold to Students

#### STEPS TO FOLLOW:

1. Inform Principal
2. Purchase food from Child Nutrition Services or submit request at least 2 weeks before event
3. Keep documentation on file at school site for proof of compliance

**ALL** food and beverages **SERVED OR SOLD** to students by any entity **DURING THE SCHOOL DAY** must meet **USDA** and state guidelines.

#### 1. What is the school day?

Midnight to 30 minutes after the end of the official day

#### 2. Where are the guidelines to follow?

Child Nutrition Services website

#### 3. Can homemade food from home be served to students?

No, All food must be prepackaged for food safety, meet the guidelines and be approved by Child Nutrition Services

#### 4. Are adults included in the guidelines?

No, but are encouraged to be a role model for health and wellness

#### 5. Are PTA/PTO/Boosters required to follow the guidelines? Are Parents?

Yes and Yes

#### 6. Is there an approved list of foods available?

Yes, on Child Nutrition Services website

#### 7. What if I want to serve something not on the list?

Submit request form at least 2 week prior to Child Nutrition Services

#### Think outside the box with Non-Food Rewards



- School Spirit items
- Extra recess time
- Trinkets
- School supplies
- "Free choice" activity time
- Birthday Queen/King with special privileges
- Lunch with the Principal
- Extra credit
- Fun movie
- Recognition on morning announcements
- "Pass" for late homework
- Music while working

#### WHAT CAN CHILD NUTRITION SERVICES DO FOR YOU?

1. Pizza Parties and Lunch Celebrations
2. Special Treats and Snacks
3. Approve store bought food and beverages
4. Check out our website for more helpful information [www.fsusd.org/childnutrition](http://www.fsusd.org/childnutrition)

Call us at 399-5011 or email [childnutritionservices@fsusd.org](mailto:childnutritionservices@fsusd.org)

### Fundraising

Fundraisers are encouraged to sell non-food items or foods that meet the guidelines.

Advertising and selling of non-compliant food or beverage is not allowed during the school day.

Food and beverage for fundraisers are not allowed to be stored in the kitchen.

#### Fundraising ideas

- Inkhead.com
- MixedBagDesigns.com
- FarmFreshtoYou.com
- Car washes
- Coupon books

Child Nutrition Services



It's what we do